



Harry L. Coomes Recreation Center
300 Stanley St, Abingdon, VA 24210
(276) 623-5279

**Associated Age Restrictions for Facility/Grounds
Usage and Programs
For the Coomes Recreation Center**

Children 13 and under must be under direct supervision by a parent or responsible guardian at all times, unless they are registered in a Coomes Recreation Center sponsored activity.

Youth members 14-15 may be in the facility or on the grounds unsupervised at parent/guardians judgment, until 7:00 p.m.

After 7:00 pm, children under the age of 14 must be accompanied by a parent or responsible guardian or involved in a supervised event.

General Coomes Recreation Center Age Policy

Children 13 and under will not be permitted in the facility or on the grounds without the direct supervision of a parent or a responsible guardian over the age of 18. Children ages 14-15 that are not members and/or registered in a Coomes Recreation Center sponsored event will not be permitted in the facility or on the grounds. Children ages 14-15 that are members and/or registered in a Coomes Recreation Center sponsored event will be permitted in the facility and the grounds. Children 16 and over will be permitted to use the facility and the grounds without direct supervision from a parent or responsible guardian. Children ages 16-17 will be required to show a valid form of identification and parent signature to purchase a membership at the Coomes Recreation Center.

Indoor/Outdoor Swimming Pools:

- All children 5 years of age and younger must be accompanied, in the water, by a parent or responsible guardian.
- Children ages 6 to 13 years of age must be directly supervised by a parent or responsible guardian at all times. Guardian does not need to be in the water.
- Hot tub use is for adults age 21 and older

Fitness Classes:

- All fitness classes are opened for ages 14 and over. (14 and 15 years old must be accompanied by a parent or responsible guardian.)

Facility and grounds:

- Parents and guardians are responsible for their child(ren) at all times. The staff of the Coomes Recreation Center reserves the right to reprimand any child(ren) not following the rules of the facility and inform Parent/Guardian if there is a problem.
- School aged children/youth attending public or private schools are not allowed in the facility or on the grounds during school hours. Violations will be reported to the appropriate school system and students will be asked to leave by the staff.
- Home schooled children/youth may use the Coomes Recreation Center during school hours for instructional purposes when directly supervised by a responsible guardian, parent or teacher.

Indoor Walking Track:

- No children/youth under the age of 16 are permitted on the indoor walking track without a parent or responsible guardian.

Cardio Room, Cybex room, Free Weight Room and Spin Bike Room:

- Children under the age of 14 are not allowed in any of these rooms.
- Youth ages 14 to 16 must be directly supervised by a parent or responsible guardian (**age 18+**) at all times.

Sporting Events:

- You must be 18 years or older to participate in any adult program (sporting events etc.)

Effective Policy Date: August 1st, 2019

Revised: July 12th, 2019